

**Brake and Cables**

#ABFR	ADJUST BRAKE FRONT OR REAR	£11.00
#ABPR	ADJUST BRAKES - PAIR	£18.00
#BDS	BLEED DISC BRAKE EACH	£18.00
#FBBK	FIT BRAKE BLOCKS (FR OR RR)	£11.00
#FBBPR	FIT BRAKE BLOCKS FR & RR	£18.00
#FBC	FIT BRAKE CABLE (FRT OR RR)	£11.00
#FBR	FIT BRAKE COMP CABLE (FR OR RR)	£17.00
#RHHFR	REPLACE HYDRAULIC HOSE (FR OR RR)	£20.00
#FHBF	FIT HYDRAULIC BRAKE (FRONT)	£15.00
#FHBREX	FIT HYDRAULIC BRAKE REAR (EXTERNAL)	£15.00
#FHBRINT	FIT HYDRAULIC BRAKE REAR (INTERNAL)	£20.00

**Gears and Cables**

#AGFR	ADJUST GEARS FRONT OR REAR	£11.00
#AGPR	ADJUST GEARS FRONT & REAR	£18.00
#FGC	FIT GEAR CABLE FRONT OR REAR	£11.00
#FGCP	FIT GEAR CABLES (PAIR)	£18.00
#FGCINT	FIT GEAR CABLE - INTERNAL	£18.00
#FGCINTP	FIT GEAR CABLES INTERNAL (PAIR)	£25.00
#FGLS	FIT GEAR SHIFTERS (ATB)	£25.00
#FSLR	FIT STI LEVERS (ROAD)	£41.00
#SGH	STRAIGHTEN GEAR HANGER	£11.00
#EGC	ELECTRONIC GEAR CALIBRATION	£26.00

**Components**

#FHT	FIT HANDLEBAR TAPE	£11.00
#FBG	FIT BAR GRIPS	£11.00
#FBE	FIT BAR ENDS	£11.00
#FMGF	FIT MUDGUARDS FULL	£22.00
#FMGS	FIT MUDGUARDS SEATPOST	£11.00
#FRR	FIT REAR CARRIER RACK	£11.00
#FP	FIT/REMOVE PEDALS	£11.00
#RFPD	REPLACE FITED PEDALS	£12.00

**Bottom Bracket**

#FBB	FIT BOTTOM BRACKET	£20.00
#FBBS	FACE BOTTOM BRACKET SHELL	£41.00
#RMBB	REMOVE BOTTOM BRACKET	£12.00
#RPBB	REPLACE BOTTOM BRACKET	£28.00
#RSBB	REMOVE SIEZED BOTTOM BRACKET	£46.00

**Transmission**

#FCH	FIT OR REPLACE CHAIN	£15.00
#FCRS	REPLACE CHAINRING	£26.00
#FCS	FIT CHAINSET	£20.00
#FFWH	FIT FREEWHEEL	£14.00
#FMGA	FIT MECH W/GEAR ADJUSTMENT	£21.00
#FRCA	FIT OR REMOVE CASSETTE	£15.00
#RFCA	REPLACE FITTED CASSETTE	£17.00
#RFCHCA	REPLACE CHAIN & CASS COMBINED	£20.00
#RFCS	REPLACE CHAINSET	£25.00
#RFWH	REPLACE FITTED FREEWHEEL	£16.00
#RLC	REPLACE LEFT HAND CRANK	£11.00
#RCSBB	REMOVE CHAINSET & BB	£24.00

**Wheels**

#BNW	BUILD NEW WHEEL	£41.00
#FSF	REPLACE SPINDLE ON FRONT WHL	£14.00
#FSR	REPLACE SPINDLE ON REAR WHL	£17.00
#FWF	FIT WHEEL FRONT	£12.00
#FWR	FIT WHEEL REAR	£14.00
#RFFHB	REPLACE FREEHUB BODY	£26.00
#TW	TRUE WHEEL - OFF BIKE	£14.00
#TWTY	TRUE WHEEL - OFF BIKE - WITH TYRE	£17.00
#TWB	TRUE WHEEL - WITH BIKE	£16.00
#TWBTY	TRUE WHEEL - WITH BIKE - WITH TYRE	£19.00
#TWRSP	TRUE WHL & REPLACE SPOKE OFF BIKE	£17.00
#TWRSPTY	TRUE WHL & REPLACE SPOKE OFF BIKE WITH TYRE	£21.00
#TWRSPB	TRUE WHL & REPLACE SPOKE WITH BIKE	£18.00
#TWRSPBTY	TRUE WHL & REPLACE SPOKE WITH BIKE WITH TYRE	£22.00

**Tyres and Tubes**

#FTB	TUBE/TYRE ON WHEEL WITH BIKE	£8.00
#FTEB	TUBE/TYRE ON WHL E-BIKE	£12.00
#FTTW	FIT TUBULAR TYRE ON WHEEL	£17.00
#FTIW	FIT TUBE/TYRE INTER HUB WHL	£11.00
#FTW	TUBE/TYRE ON WHEEL OFF BIKE	£7.00
#IT	INFLATE TYRE EACH	£2.00

**Frame and Fork**

#BBNF	BUILD BIKE WITH NEW FRAMESET	£150.00
#CSFK	CUT FORK STEARER	£11.00
#FF	FIT FORKS	£46.00
#FFKHS	FIT FORKS AND HEADSET	£60.00
#FF4D	FIT FORKS FOR DISKS	£26.00

**Headset**

#AHS	ADJUST HEADSET	£11.00
#FHS	FIT HEADSET	£16.00
#RFHS	REPLACE FITTED HEADSET	£32.00
#SHS	SERVICE HEADSET	£25.00
#RHS	REGREASE HEADSET	£18.00
#RBINT	REPLACE BEARINGS INTERNAL	£14.00

**Services**

#SC	SAFETY CHECK NO WORK CARRIED	£17.00
#MS	STANDARD SERVICE	£60.00
#SS	FULL SERVICE	£100.00
#SPS	SPECIAL SERVICE	£70.00
#SHF	SERVICE HUB FRONT	£14.00
#SHR	SERVICE HUB REAR	£27.00
#BF	BIKE FITTING SERVICE	£46.00
#LAB	LABOUR (at £57 per hour)	various
#SR	SPECIAL REPAIR (at £57 per hour)	various

**Sundries**

#ABWG	ASSEMBLE CUST'S BIKE W/GEARS	£48.00
#ABNG	ASSEMBLE CUST'S BIKE N/GEARS	£33.00
#PODHIRE	PolarisPodPro Hire PER DAY	£8.00
#BW	BIKE WASH AND DEGREASE	£22.00
#DELIVERY	DELIVERY PAID BY CUSTOMER	various
#IE	INSURANCE ESTIMATE	£38.00
#GTBC	GOODS TO BE CHOSEN	various
#NS	NON-STOCK ITEM	various
#MC	MINIMUM CHARGE	£5.00